



Rosemead Report

An Organization Working to Develop the Community Through the Promotion of its Businesses

3953 Muscatel Avenue, Rosemead, CA 91770 • (626) 288-0811 • news@rosemeadchamber.org • www.rosemeadchamber.org

Public Safety

Please Avoid Visiting the Emergency Room Unless Emergency Medical Care is Needed.

Residents should NOT visit the ER or call 911 for COVID-19 testing & minor complaints.

Emergency room visits should be reserved for those severely ill or who have serious concerns about their health and require immediate emergency care.



Visit ph.lacounty.gov/coronavirus for home isolation instructions & care info & covid19.lacounty.gov/testing for testing.



UPGRADE YOUR MASK FOR BETTER PROTECTION AGAINST OMICRON.

The masks below are better at blocking COVID-19 virus particles.



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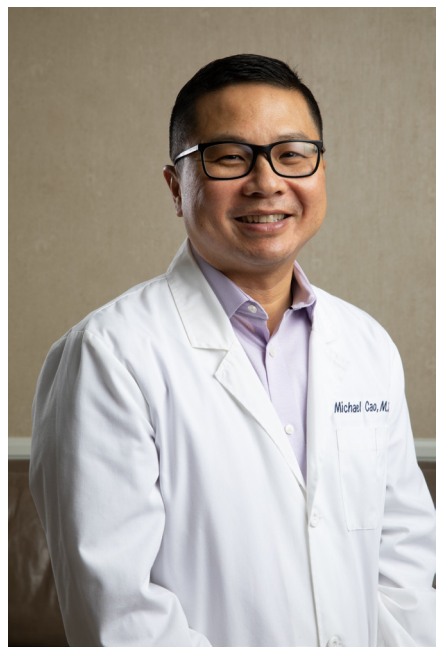
N95



COVID-19 BOOSTERS ARE NOW AVAILABLE TO ANYONE 12+

12-17 year-olds are eligible only for a Pfizer booster five months after their 2nd dose.

For more information and to find a location near you, visit VaccinateLACounty.com



Rosemead Welcomes iGlow Medical Aesthetic - Dr. Michael Cao

By Chris Ventura

Meet Dr. Michael Cao—a lifelong student of medicine, a veteran, a practicing physician, a business owner, a commissioner on the state and city levels, a public servant, and a current candidate for city council. Dr. Cao has served the needs of his community and his country his entire life and continues to passionately do so.

Recognized by his peers as a top doctor in his field, he continues to serve the community in various ways, including his work as a partner (focusing on the wellness aspect) at iGlow Aesthetics, a medical spa, plastic surgery, and wellness center in the city of Rosemead—a new member of the Rosemead Chamber of Commerce.

The Rosemead Report had a chance to speak with Dr. Cao recently to discuss his passion for medicine and his medical and public service experience.

A career in medicine was one which Dr. Cao was drawn to at an early age. His educational background, training, career path, and even his military experience has all been completely intertwined with the practice of medicine.

Dr. Cao served as an active-duty major in the United States Air Force for 10 years. He volunteered in 2003-2004 and was deployed to Iraq and Afghanistan. His time there was not as a cardiologist, but as a physician in CCAT (Critical Care Airlift Team).

"We would be a self-sustaining ICU, in any austere environments, fully independent of any support," Dr. Cao said. "That means that if a fellow service member...whether that's British, Australian, Iraqi National, or any United States Armed Forces services member got injured, either through a IED, artillery, or RPG, they would drop my team which consisted of myself—a critical care physician, as well as a critical care nurse, and a respiratory tech...with equipment that we would be able to stabilize and save the injured service member."

Dr. Cao said of his time on the frontlines as being an 'eye-opening experience' in not just in providing emergency medical care, but also to witness the willingness of fellow service members on the frontlines volunteering their lives to defend their country.

"The reason why I chose to go into medicine is that when I was young, my mother had passed away, unfortunately, from cancer," said Dr. Cao. "During that time, the health care professionals that took care of my mother... the doctors, the nurses, the staff—they were so incredibly compassionate and caring, and it left an unbelievable impression on me. And because of that, that's why I chose the field of medicine."

The specific field of medicine that Dr. Cao chose to study was cardiovascular health—an area of medicine that affects the most people. He explained that cardiovascular disease is one

of the leading causes of death throughout the United States.

Dr. Cao attended the University of Wisconsin as an undergraduate and was accepted into an accelerated pre-med program which allowed him to finish both his undergraduate education and medical education in seven years.

He attended medical school at the Medical College of Wisconsin. His training in cardiovascular medicine took place during his residency and fellowship at Wilford Hall Medical Center in Texas. Further training continued at LA County USC Medical Center where he later practiced at USC Keck School of Medicine as an assistant professor of medicine.

He is board-certified in cardiovascular medicine.

Dr. Cao expressed great admiration for his peers during his time at USC and was inspired and motivated to give back to the community.

He started his practice Golden Heart Medical in the city of Rosemead to do just that. As he explained, a majority of his patients don't speak English or English is not their primary language. At his office, they speak multiple languages and are culturally diverse. He wanted to appeal to and serve those in the community he felt were underserved in the area—to provide a comfortable space for his patients.

His practice provides global cardiovascular care and includes consultations, physicals, treatment plans, various diagnostic testing, such as echocardiogram, stress testing, nuclear stress testing, Holter monitoring, as well as services relating to peripheral vascular disease.

Dr. Cao is a recipient of the Castle Connolly Top Doctors Award—an award recommended by fellow peers in the field of medicine.

"I'm really lucky in the standpoint that those are awards that are given by your peers, meaning that other physicians recognize me as giving excellent or outstanding service," Dr. Cao said. "It is peer recognition and it really means a lot that my peers and other physicians recognize the work, commitment, and the motivation I have to take care of my patients."

He was also recognized by Los Angeles Magazine as one of the top doctors in the region.

Outside of his practice—for those requiring a hospital stay, Dr. Cao treats patients at Arcadia Methodist Hospital (soon to be acquired by USC and renamed USC Arcadia Hospital).

"We are going to be so lucky that we are getting a university-level hospital in our San Gabriel Valley," Dr. Cao said. "We're going to have access to very high standards, great equipment, and just phenomenal staff."

Dr. Cao's commitment to the community and public service life continues, and he may soon take on an additional role in public service on a new level. He is currently running for a seat on the Arcadia City Council. An election will be held this year on Tuesday, November 8.

"One of the things that I realized, serving our country, is that you have to do things that help our community and helps our society," Dr. Cao said. "You cannot take anything for granted. I'm one of those individuals that have served and will continue to serve, but I want to serve in a different capacity."

Dr. Cao is an Assembly appointee member of the Committee of Bar Examiners for the State Bar of California. He, along with other committee members, is responsible for the licensing of attorneys as well as reviewing accreditation and the regulation of all law schools in California.

On the local level of public service, Dr. Cao is currently one of the city commissioners for senior citizens and as one of the directors of the Arcadia Police Foundation.

"Seniors in our community are the foundations of why we live here," Dr. Cao said. "They built this wonderful community that we're all so lucky to be a part of. I volunteer my time as a city commissioner to try to address the needs of our seniors, and also see how we can move forward and improve the lives of our seniors. Public safety and security is so important to families, to individuals, to businesses, and to our city."

Dr. Cao said that he is very self-motivated to wanting to improve the city of Arcadia and to add a new voice—a voice of a health care professional. He feels that having a health care background is beneficial to the mix in a city council—providing professional advice in the area of medicine, especially while many cities have seen and continue to see difficulties in handling COVID.

But his healthcare perspective goes beyond COVID response; he hopes to strengthen the city's healthcare—not just from a physical standpoint, but a financial standpoint as well by working with surrounding communities and institutions to improve the medical options and level of care available to not just Arcadia, but surrounding cities as well through partnerships.

In addition to his medical work at Arcadia Methodist and his practice Golden Heart Medical, Dr. Cao also provides his medical services at iGlow Medical Aesthetics.

"iGlow is run by a phenomenal physician named Dr. Dennis Bang who is a USC-trained board-certified plastic surgeon," Dr. Cao said. "He has extensive experience and has been in the field for 30 years as a plastic surgeon and was also a former professor at USC Keck School of Medicine."

"I see the value that when we take care of a patient...there's a saying: 'You look good, feel good, do good' meaning that people [not only] want to be healthy, they want to look good on the outside," Dr. Cao continued. "I take care of the wellness portion at iGlow, and then Dr.

DOCTOR, continue on page 4

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Rosemead Chamber of Commerce
3953 Muscatel Avenue
Rosemead, CA 91770

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CITY OF ROSEMEAD



2021-2022

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Rosemead Report

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Ray Jan Editor-in-Chief
Patrick Mao Graphic Design

Thanks TO OUR Advertisers

Rosemead School District 6

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Mission Statement

The mission of the Rosemead Chamber of Commerce is to serve as the catalyst for a prosperous business environment and contribute to the quality of life in the City of Rosemead and the San Gabriel Valley.

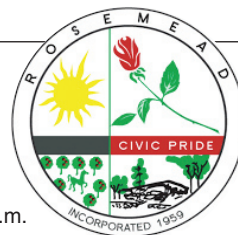
Community Press Releases & Photos Accepted

The Rosemead Report is not funded by taxpayers' money.

Photography and Graphic Design

626.347.8787

City of Rosemead



City Hall

8838 E. Valley Boulevard
Rosemead, CA 91770
Phone: (626) 569-2100
Hours - Mon-Thu: 7a.m. - 6 p.m.
Fri - Sun: Closed
Website: www.cityofrosemead.org

City Council

Mayor: Polly Low
Mayor Pro Tem: Sean Dang
Council Members: Sandra Armenta, Margaret Clark, John Tang, Steve Ly(Currently Inactive)

City Council Meetings

2nd and 4th Tuesdays, 7:00 p.m.
City Hall

City Staff

City Manager: Ben Kim
City Clerk: Ericka Hernandez
Director of Public Works: Michael Chung
Parks & Recreation Director: Tom Boecking

Planning Commissioners:

James Berry, Chair Steve Leung
Daniel Lopez Lana Ung
John Tang (Currently Inactive)

Beautification Commissioners:

Paul Duran, Chair Stephanie Garcia
Can Hai Liu, Vice Chair Larry J. Liu
Katrina Yip

Parks Commissioners:

Qui Dang Nguyen, Vice Chair Phieu Luu
Martha Ruvalcaba Chase Sornoso
William Tocki

Traffic Commissioners:

Howard Masuda, Chair Ed Quintanilla, Vice Chair
Emma Escobar Lucy Nguyen
Michael Drange

Library

City Librarian: Sue Yamamoto
8800 E. Valley Boulevard
(626) 573-5220

Rosemead Community Center

3936 Muscatel Avenue
(626) 569-2251

Garvey Center

9108 Garvey Avenue
(626) 569-2212

Public Safety Center

Hours - Mon-Thu: 7 a.m. - 6 p.m.
Sat: 10 a.m. - 2 p.m.
8301 Garvey Avenue
(626) 569-2212

4th OF JULY PARADE & CELEBRATION
7/4/22

**CARNIVAL ★ CRAFT & FOOD VENDORS ★ PARADE
LIVE MUSIC & ENTERTAINMENT ★ FIREWORKS**

START WITH A PARADE!
Celebrate with a PARADE starting at 10:00 am on Valley Boulevard and Muscatel Avenue. Are you looking to participate in the parade? If so, scan the QR Code below for details and how to apply.

CARNIVAL
Enjoy a day of fun activities rides and attractions! Purchase your unlimited ride wristbands before the event and save \$3 (\$15 day-of.) Wristbands can be purchased for \$12 starting June 6 through July 3 at the following locations:

- Garvey Center- 9108 Garvey Avenue
- Rosemead Community Recreation Center-3936 N. Muscatel Avenue

10:00 am
Parade on Valley Blvd. & Muscatel Ave.

12:00 - 10:00 pm
Carnival Rosemead Park
4343 Encinita Avenue

12:00 - 3:00 pm
Open Swim
Rosemead Aquatic Center

12:00 - 3:30 pm
Community Performers

1:00 - 4:00 pm
Family Games & Activities

4:00 pm
Dog Parade

5:00 pm
Opening Ceremonies

6:00 - 8:00 pm
LA Sound Machine

Dusk
Fireworks Show

ALCOHOL, DRUGS OR FIREWORKS ARE NOT ALLOWED AT THE EVENT.
(626) 569-2160 | WWW.CITYOFROSEMEAD.ORG

ROSEMEAD JULY 4TH CHALKATHON CONTEST

Register by June 29th

LET'S SEE YOUR PATRIOTIC PRIDE AND CREATIVITY!

Open to Rosemead residents, all ages are encouraged and welcomed to participate. No entry fee. Preregistration is required. Register in person at Rosemead City Hall, 8838 E. Valley Blvd., or visit our website at www.cityofrosemead.org and click on July 4th Chalkathon, complete the form and email it to beautifyingrosemead@cityofrosemead.org. Deadline to register is Wednesday, June 29, 2022, or until registration for art spaces are filled. Walk-ups will be determined based on day-of availability.

WHEN:
MONDAY, JULY 4TH

8:30 A.M. - 11:30 A.M. - PARTICIPANTS WILL CREATE THEIR ARTWORK.

LOCATION:
Rosemead Civic Center Plaza (Between the Library and City Hall buildings), 8838 East Valley Blvd, Rosemead, CA 91770

AGE GROUPS:
10 years and under * 11 to 17 years old * 18+ years old

AWARDS CATEGORIES:
Creativity * Use of Color * Most Patriotic (Grand Prize)

For questions, please contact the City Clerk's Office at (626) 569-2100 or visit the City's website at the QR code.

WIN PRIZES

Rosemead Report Deadline 15th of Each Month

E-mail is preferred: news@rosemeadchamber.org

Please submit your press releases, news articles, photos, and ad before the 15th of each month to be published the following month. Our staff has been working diligently to arrange earlier delivery of your monthly newspaper so it arrives at the beginning of the month. Therefore, we must have your information by the 15th of the preceding month to make it possible. Stories submitted must be in Microsoft Word or plain text format and photos in a JPEG format. Stories cannot exceed 400 words. If you have any questions, please call (626) 288-0811.

PUBLIC POLICY



California foster youth advocate, Kristina, joins Representative Judy Chu as she signs the Access to Foster Care to 21 Act during the 2022 Congressional Foster Youth Shadow Day.

Rep. Chu Introduces the Access to Foster Care to 21 Act

Washington, D.C. — Representative Judy Chu (CA-27) introduced the Access to Foster Care to 21 Act, which would extend nationally the age of which a youth is eligible to remain in foster care to 21. This bill would provide financial assistance to states by de-linking youth ages 18-21 from the antiquated Aid to Families with Dependent Children (AFDC) requirements, ensuring states receive federal IV-E reimbursement. Additionally, it would also ensure youth who voluntarily leave care at 18 have the right to re-enter care should they need to. Approximately 20,000 young people age out of care each year, often without a supportive adult presence in their life. By extending the age to 21, child welfare agencies will have more time to pursue permanent efforts to prevent having a young person age out of the system alone and unsupported. Representative Chu, who serves on the Ways and Means Committee, which has jurisdiction over child welfare programs, released the following statement:

“California was among the first states in the nation to provide foster care benefits to young adults through age 21 after Congress passed the Fostering Connections to Success and Increasing Adoptions Act in 2008, which gave states the option to do so. Now, we have research showing that extending support into the first few years of adulthood can

make a clear, positive difference in the lives of youth in care. Despite the data signaling the positive difference this can make in the lives of foster youth, many states still have opted to not extend this support — making some youth ineligible for supportive services beginning on their 18th birthday,” said Representative Chu. “We have given states the ability for 14 years to do what is best for our young adults in foster care — now, it is time to extend this option to the youth themselves. As a member of the Ways and Means Committee, which has jurisdiction over the child welfare system and family support programs, I believe it is our responsibility to follow the research and ensure all our foster youth have the same opportunities regardless of where they live. The Access to Foster Care to 21 Act will allow these young adults to have agency over their care decisions and feel comfortable exploring their freedom without permanently giving up supportive services.”

The introduction of the Access to Foster Care to 21 Act comes on the heels of the Congressional Foster Youth Shadow Day on Capitol Hill, where Representative Chu spent the day alongside a former foster youth from California who now works to advocate for other children going through the system.

CA Senate Passes Sen. Rubio Bill Expanding Revenge Porn Protections

SACRAMENTO, CA – The California Senate today passed a bill by Sen. Susan Rubio (D-Baldwin Park) expanding her previous revenge porn legislation to include public displays of intimate images without consent.

Senate Bill 1081 strengthens current revenge porn statute and protects victims by defining the term “distribute.” This will allow victims to seek justice if private, intimate images are publicly displayed without consent. In 2020, the Legislature passed SB 23, also by Senator Rubio, which protected the rights of revenge porn victims by changing the statute of limitations to one year from when the image was discovered.

“Victims of revenge porn are harassed, humiliated, and traumatized, sometimes for a lifetime,” said Senator Rubio. “This is a personal, intimate violation of a person’s body. Perpetrators are always looking for new ways to skirt the law. That’s why I want to close this loophole and expand protections for victims who don’t deserve to have their lives ruined.”

“The California District Attorneys Association (CDA) applauds Senator Rubio for her leadership in protecting California from the serious issue of revenge porn,” said Greg Totten, CDA’s chief executive officer. “This common-sense, narrow bill clarifies the definition of distribute so that an

offender who plasters a naked photo of his ex on his truck and drives all around town doesn’t get away with it.”

In 2013, California led the nation in creating the misdemeanor crime of revenge porn. Since then, 46 states and Washington, DC have criminalized revenge porn and protected victims.

Revenge porn has become an increasingly common crime intended to shame and intimidate victims. Often times, victims may suffer additional harm such as threats of physical violence, stalking, and criminal threats. A study by the Cyber Civil Rights Initiative found that 93% of victims suffered significant emotional distress because of their victimization, 51% had suicidal thoughts, and 49% stated they had been stalked or harassed online by users who saw their material.

After SB 23 became law, concerns were raised with revenge porn protections not being applicable to victims who discovered their intimate images were being publicly displayed without consent.

For example, in Shasta County, a victim discovered an enlarged naked image of herself on the side of an ex-boyfriend’s truck. She could not seek protection under current revenge porn statute because the image was not “distributed” but publicly displayed.

The bill now heads to the Assembly.



Solis Announced The County’s Purchase Of Baby Formula To Address The Severe Shortage.

LOS ANGELES, CA – May 2022, Los Angeles County Supervisor Hilda L. Solis announced the County’s purchase of baby formula to address the severe shortage.

“I know many parents and caregivers have been worried and anxious due to the shortage of baby formula. As the County government, it is our responsibility to be the safety net for our residents, and meet the needs of those most vulnerable. At my direction, Los Angeles County is procuring \$750,000 worth of baby formula for families. This first shipment is expected to arrive next week and will be distributed through our Department of Public Health’s Nurse Family Partnership Program, which serves new parents through home visitation. Our Department of Children & Family Services is also purchasing \$500,000 of

formula at my direction, some of which is being distributed already to families in the child welfare system. I want to thank our procurement team with the Internal Services Department for their commitment to locate and secure a supply of formula for the wellbeing of babies across the County—a near impossible task during this shortage. We’ll work with nonprofit agencies, health clinics, and through the County’s food distributions to ensure families and babies most in need receive it. This work complements that of President Joseph R. Biden’s Administration to get baby formula to families nationwide.”

This allocation is at the direction of Supervisor Solis by having the County’s Chief Executive Office explore local community needs to supply no-cost formula to families.

Transtech provides professional and technical expertise to governmental agencies, educational institutions and the private sector, in the areas of:

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- Project & Program Management
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- Public Works Improvements | Urban Design
- Civil Engineering | Design
- Traffic & Transportation Engineering
- Grant Writing | Funds Management
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- Planning
- Land & Real Estate Development
- Community Outreach | Public Relations



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COMMUNITY



2022 AYC SUMMER PROGRAM
 June 13, 2022 - July 29, 2022
 Registration starts May 16, 2022

Location: McKinley Elementary School
 1425 Manley Dr, San Gabriel, CA 91776
 7:45 am-5:00 pm
 (students need to be picked up by 5:30 pm)

Priority for current AYC and McKinley students.

STEAM (SCIENCE, TECHNOLOGY, ENGINEERING, ART, AND MATH)
READING & WRITING LESSONS; CHINESE/SPANISH CLASSES
ARTS & CRAFTS; MUSIC
VIRTUAL FIELD TRIPS; LUNCH INCLUDED

REGISTRATION FEE: \$25
 (WAIVED FOR MCKINLEY STUDENTS)
 INCOME BASED TUITION:
 WHOLE DAY \$100-200/WEEK
 HALF-DAY \$50-100/WEEK (MCKINLEY STUDENTS ONLY)
 INCOME VERIFICATION REQUIRED
 SIBLING & WHOLE SUMMER DISCOUNTS

FOR MORE INFORMATION:
 (626) 662-0207
 AYC.EDUCATION@AYCLA.ORG
 100 W. CLARY AVE
 SAN GABRIEL, CA 91776

***Schedule subject to change; No refunds for fees or tuition

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California State Parks Passes

In partnership with the First Partner's Office and the California State Library, State Parks are providing free vehicle day-use entry to over 200 participating state park units operated by State Parks to library-card holders. The California State Library Parks Pass is valid for entry of one passenger vehicle with capacity of nine people or less or one highway licensed motorcycle.

Visit your local LA County Library location or Bookmobile to borrow a pass and plan your trip to a participating state park!

The pass will not be honored at state park units operated by federal or local government and private agencies or concessionaires. Also, the pass is not valid for per-person entry or tour fees (such as museums), boat use, camping, group use or sites, special events, additional/extra vehicle fees, sanitation disposal use or for supplemental fees.



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SAVE 20%

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California is in its third consecutive year of drought. Let's combat our state of drought with a state of action. Be part of the solution by using less water this summer – which will help you keep more money in your pocket. Visit californiaamwater.com/conservation for more information



ROSEMEAD HANDYMAN GRANT

Up to \$15,000 available to eligible senior citizens (62 years & older) or handicapped/disabled citizens who need financial assistance for critical health & safety related improvements.

\$15,000 grant for Rosemead's Handyman Grant

Is your home in need of health and safety related improvements? Does your flooring need to be changed to make it easier to move around your home? Or maybe your bathroom needs remodeling for a lower and safer shower entry? The City of Rosemead's Handyman Grant is here to offer assistance!

As part of the City of Rosemead's Owner-Occupied Homeowner Improvement Program, the Handyman Grant is available to eligible senior citizens or handicapped/disabled citizens who need financial assistance for critical health and safety related improvements to their home. The grant may be used for new roofs, smoke detectors, exterior painting, grab bars, and more.

For more information call (626) 569-2153.



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30th Anniversary

CHARACTER COMPASSION COMMUNITY

MEMBERS

Republic Services is honored to receive the 3BL 100 Best Corporate Citizens award




Sustainability in Action

For the third consecutive year, Republic Services has been named to 3BL Media's 100 Best Corporate Citizens ranking, recognizing outstanding commitment to sustainability and performance among the 1,000 largest U.S. public companies. We ranked 58th overall and first among our peers in the environmental services industry. Learn more: <https://bddy.me/3wu0WTM> #SustainabilityinAction




Sustainability in Action

THE CITY OF ROSEMEAD HAS

ZERO TOLERANCE

FOR ILLEGAL FIREWORKS

★ ★ ★ ★ ★

MINIMUM FINE: \$1,000

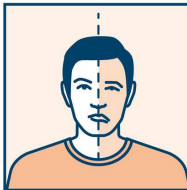
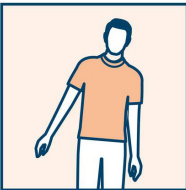


Celebrate Responsibly!

LEARN HOW TO RECOGNIZE

STROKE



F A S T







FACE
ONE SIDE OF THE FACE IS DROOPING

ARMS
ARM OR LEG WEAKNESS

SPEECH
SPEECH DIFFICULTY

TIME
TIME TO CALL FOR AMBULANCE IMMEDIATELY

 BeverlyHospital

America's Job Center of California | WorkSource CALIFORNIA | PACE Pacific Asian Consortium in Employment

Building Business and Careers



Join Our Team!

PACE is Hiring



Positions

- Head Start & Early Head Start Teachers
- Teacher Assistants
- Bilingual Family Development Advocate
- Office Assistant
- Program Assistant
- Administrative Assistant
- Accountant
- Home Visitors/Parent Educators

Resources

- SNAP (CalFresh)
- HEAP (Utility Assistance)
- LIFE Program (Discounted Bus Fare)
- Free Live Scans
- School Readiness Activities for Children and Parents

WALK-IN INTERVIEWS
10 AM - 2 PM

Thursday, July 7, 2022
13000 Van Ness Ave., Gardena, CA 90249
(213) 353-1677
Email Resumes to worksource@pacela.org

<https://pacela.org/>




MANDATORY RBS TRAINING DEADLINE
August 31, 2022

Employees who serve alcohol at locations with on-premises consumption privileges can now register as a server with ABC, search for approved training providers, and take their alcohol server certification exam all in one place.

abcbiz.abc.ca.gov



EDUCATION



The Monthly Gazette

News from the Rosemead School District



June 2022

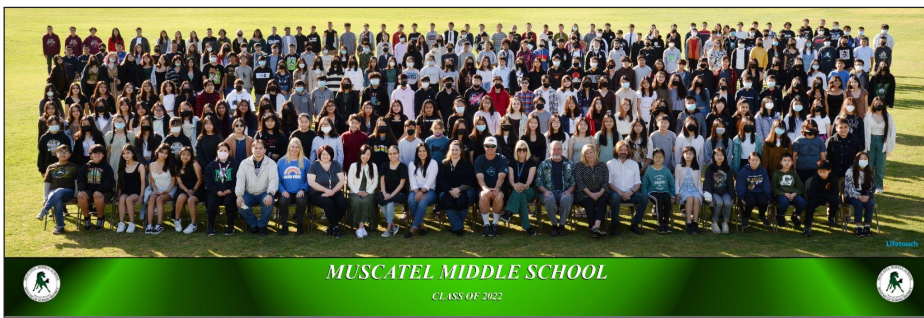
Message from the Superintendent

Dear Rosemead Community,

CONGRATULATIONS MUSCATEL CLASS OF 2022

The Rosemead School District congratulates the hundreds of 8th graders who have successfully completed our school district's rigorous course of study and have been promoted to high school. They were celebrated during an in-person promotion ceremony Thursday, June 9, at Muscatel Middle School, home of the Mustangs.

All of our Muscatel Class of 2022 students have made their parents, teachers, support staff, District Administration, and the Board of Trustees proud.



In attendance, for our in-person ceremony, we had our Board of Trustees, administrators, families, and the Rosemead community. We all witnessed the promotion of our students into high school, their next step in life. Participants were treated to wonderful speeches from the valedictorian and salutatorian as they addressed their classmates, recalling their challenges & triumphs, and hopes for their future.



During the program, several awards were presented, including the R.O.S.Y. Award by Ms. Bobbi Bruesch, Rosemead Kiwanis Club; A.C.S.A. Leadership Award by Mrs. Deborah Lawrence, A.C.S.A. Representative; Carol Mahoney Memorial Award by Ms. Myrene Mangali; and Rosemead Educational Foundation Award for Visual Arts, Performing Arts Award, and Most Improved in the Arts by Ms. Myrene Mangali, Treasurer of the Educational Foundation for the Rosemead School District.

As Superintendent of our amazing school district, I ask that you focus on the journey ahead of you and be proud of what you have accomplished while with us. I am proud of you and offer you the following quote:

"It's your reaction to adversity, not adversity itself that determines how your life's story will develop."
~Dieter F. Uchtdorf



Congratulations to the Rosemead School District, Muscatel Middle School Mustangs Class of 2022!

Respectfully,

Alejandro Ruvalcaba
Superintendent of Schools

Educational Services Division



2022-2023 ENROLLMENT

Registration is open now,
at www.rosemead.k12.ca.us or visit your school of residence.

- Enrollment has started at each school site:
- Encinita Elementary School
 - Mildred B. Janson Elementary School
 - Savannah Elementary School
 - Emma W. Shuey Elementary School
 - Muscatel Middle School

We now have full-day classes for our Transitional Kindergarten and Kindergarten programs. For assistance, please contact your school of residence or the Rosemead School District at (626) 312-2900.

Parents can pick up instructions and sign up online for their school of residence.

**** Ask about our Before and After School Care Program ****
At All School Locations.

DUAL LANGUAGE MANDARIN IMMERSION (DLI) PROGRAM - HOSTED AT ENCINITA

Dual Language Mandarin Immersion
Inmersión idiomática doble al mandarín
Chương Trình Thâm Thấu Song Ngữ Quan Thoại
全漢及中文雙語課程

Virtual Parent Information Meeting
Wednesday, Feb. 23 | 5:30 p.m.
Learn about our innovative PK-6 Mandarin Dual Language program: www.rosemead.k12.ca.us/encinita

Reunión virtual de información para padres
Miércoles 23 de febrero | 5:30 p.m.
Conozca nuestro innovador programa de Inmersión Idiomática doble al mandarín PK-6: www.rosemead.k12.ca.us/encinita

Cuộc họp trực tuyến cung cấp thông tin cho phụ huynh
Thứ Tư, ngày 23 tháng 2 | 5:30 giờ chiều
Tìm hiểu về chương trình Song Ngữ Quan Thoại sáng tạo từ lớp Mầm Non-Lớp 6 của chúng tôi: www.rosemead.k12.ca.us/encinita

網上家長資訊會
2月23日, 星期三 | 下午5:30
本下週我們舉辦的PK-6中文雙語課程:
查詢詳情, 請參閱: www.rosemead.k12.ca.us/encinita

NOW ENROLLING
¡Las inscripciones están abiertas ahora!
Dang ky ngay!
現在報名!

ZOOM MEETING: <https://us06web.zoom.us/j/mandarinencinita>

Program Highlights

- Instruction in English (50%) and Mandarin (50%)
- Available in preschool
- Fosters bilingual literacy
- Open to students of all backgrounds

Elementos destacados del Programa

- Instrucción en inglés (50%) y en mandarín (50%)
- Disponible en el preescolar
- Fomenta la alfabetización bilingüe
- Abierto a todos los estudiantes de cualquier origen

Các điểm nổi bật của chương trình

- Giảng dạy bằng tiếng Anh (50%) và bằng tiếng Quan Thoại (50%)
- Có sẵn ở trường mầm non
- Mở rộng kiến thức song ngữ

Encinita Elementary School

- 21st century learning environments
- Leader in the Lighthouse School
- Engaging STEAM instruction

Escuela Primaria Encinita

- Ambientes educativos de vanguardia
- Escuela acreditada Leader in the Lighthouse School
- Instrucción STEAM muy atractiva

Trường Tiểu Học Encinita

- Môi trường học tập thế kỷ 21
- Môi trường Nhà Đèn Lighthouse School
- Chương trình STEAM hấp dẫn

Classes begin August 2022
Las clases comienzan en agosto de 2022
Các lớp học bắt đầu vào tháng 8 năm 2022
2022年8月開始上課

ENROLLMENT - TRANSITIONAL KINDERGARTEN, KINDERGARTEN, AND 1ST-8TH GRADE

Enrollment for our 2021-2022 school year is ongoing. We have implemented our online enrollment process for Transitional Kindergarten, Kindergarten, and 1st through 8th Grade enrollment. Please visit the District website at <https://www.rosemead.k12.ca.us/Page/488> to find more information on enrollment and registration.

Transitional Kindergarten through 8th Grade Program:

Encinita Elementary School (626) 286-3111 www.rosemead.k12.ca.us/encinita	Mildred B. Janson Elementary School (626) 288-3150 www.rosemead.k12.ca.us/janson	Savannah Elementary School (626) 443-4015 www.rosemead.k12.ca.us/savannah
Emma W. Shuey Elementary School (626) 287-5221 www.rosemead.k12.ca.us/shuey	Muscatel Middle School (626) 287-1139 www.rosemead.k12.ca.us/muscatel	Rosemead School District District Office (626) 312-2900 www.rosemead.k12.ca.us

For questions regarding enrollment for Transitional Kindergarten, Kindergarten, and 1st through 8th grade: Contact Ms. Myrene Mangali at (626) 312-2900, x230, or email mmangali@rosemead.k12.ca.us to reach the Student Support Services Department.

ENROLLMENT - PRESCHOOL PROGRAM

Enrollment for our 2021-2022 school year Preschool program is continuous. Please visit the District website at <https://www.rosemead.k12.ca.us/Page/407> to find more information on enrollment and registration.

Preschool Program:

For questions regarding Preschool enrollment and qualifications: Contact Mrs. Bella Galvan at (626) 312-2900, x235, or email bgalvan@rosemead.k12.ca.us to reach the Child Development/Preschool Department.

Important Upcoming Dates:

Day	Date	Event	Time / Location	Questions - Contact
Tues.	Jun. 7	Minimum Day	Muscatel only	School main office
Wed.	Jun. 8	Minimum Day	Muscatel only	School main office
Thurs.	Jun. 9	Last Day of School and TK-8 Minimum Day	All Schools	School main office
Thurs.	Jun. 23	Board of Trustees Regular Meeting	6:30 p.m. Closed Session 7:30 p.m. Open Session	Superintendent's Office
Mon.	Jul. 4	Independence Day Holiday	(District/schools closed)	
Thurs.	Aug. 4	Board of Trustees Regular Meeting	6:30 p.m. Closed Session 7:30 p.m. Open Session	Superintendent's Office
Wed.	Aug. 17	1st Day of School/Minimum Day TK-8th grade	All Schools	School main office

FREE LUNCH AT THE LIBRARY FOR KIDS & TEENS

County of Los Angeles
LA COUNTY LIBRARY

This summer, kids and teens 18 and under can pick up free lunch at the library! Meals are available on a first come, first served basis at select libraries. Visit LACountyLibrary.org/summerlunch for participating locations, dates, and schedules.

There are no restrictions on family income. Parents & caregivers can pick up on behalf of children; kids and teens don't need to be present, but are welcome!

This institution is an equal opportunity provider. Lunch at the Library is a project of the California State Library in partnership with the California Library Association and supported with funds from the State of California.

For June 13 – August 5 libraries: The Summer Food Service Program is a program of the U. S. Department of Agriculture, administered in California by the California Department of Education

COMMERCE



Health Care Expo Career Fair 2022

ASIAN AMERICAN ECONOMIC DEVELOPMENT ENTERPRISES, INC.
A NONPROFIT ORGANIZATION DEDICATED TO EMPLOYMENT, EDUCATION, ENTERPRISE AND EXCELLENCE

CSC Health
A Service of Chinatown Service Center
華埠服務中心

PACE
PACIFIC ASIAN
CONSORTIUM IN EMPLOYMENT

EMPLOYERS:

- Beverly Hospital
- Cedars Sinai Medical Center
- Home Instead Pasadena
- Los Angeles Center for Ear, Nose, Throat, and Allergy
- And Many More!

FREE HEALTH SERVICES:

- Oral Screening
- Blood Pressure Screening
- Lung Capacity Screening
- Glucose Screening
- BMI Screening
- Bone Density Screening
- Hep B Screening
- Haircuts
- Manicures

Almanson Court
700 S. Almanson St.,
Alhambra, CA 91801
July 23, 2022
8 AM - 1 PM

ADMISSION & PARKING

FREE

SERVICES PROVIDED BY:




June is PTSD Awareness Month

This June, join Maryvale in observing Post-Traumatic Stress Disorder (PTSD) Awareness Month. PTSD is a widespread psychological disorder that can develop in anyone – regardless of age, occupation, or background – after a traumatic event at some point in their life. By helping our extended community understand the causes and symptoms of PTSD, we hope to clarify common misunderstandings, alleviate stigmas, and empower the friends and family of those who suffer to act as effective allies and support systems.

How Does Someone Develop PTSD?
While PTSD was initially observed in combat soldiers during World War I and World War II, anyone can experience PTSD. The disorder can occur in people of all ages, including children. PTSD affects about 9% of Americans at some point in their lives. Women, Latinx people, African Americans,

and indigenous people are at a higher risk for PTSD than others. PTSD is a pervasive issue that often goes unnoticed, untreated, or is worsened through ongoing negative life experiences.

outlook and desire to heal. There is no one-size-fits-all cure for PTSD. Each person's symptoms and experience are unique depending on the timing and the intensity of the traumatic event. Therapy, medications, support groups, trauma-informed methods, and a lasting care plan can be deeply restorative. For those coping with a combination of mental health and substance use disorders, Maryvale is launching a dual diagnosis treatment program that will offer holistic, multi-level care.

Many people will be diagnosed with PTSD at some point in their lives – but there is hope for recovery. Learn more about Maryvale's community-based approach to mental health services

Here are some common symptoms to look for if you suspect that a friend or loved one is suffering from PTSD:

- Flashbacks. If a person has a flashback, nightmare, or drifts off into a distant mental state that takes them out of the moment and causes distress, they likely have PTSD.
- Withholding information. PTSD can be confusing to identify because a suffering person will avoid disclosing their feelings in many cases – or might be suffering from memory lapse. This is particularly notable for teenagers or those with a tough exterior who prefer not to appear vulnerable. Not only do people with PTSD avoid talking about their trauma – they might resist thinking about it at all in order to cope.
- Mood swings. If a person is frequently sullen or withdrawn, they may be suffering from PTSD. It is not unusual that PTSD renders a once-happy person blank, removed, or unable to engage in easygoing activities.
- Aggression. Reactive, angry behavior is the most commonly portrayed symptom of PTSD in movies and pop culture. In confirmed cases, people with PTSD are less likely to act out in a group setting or with a partner. They are more likely to behave destructively or show signs of paranoia when they are alone. Keep watch for a tendency to be startled or tense if you suspect that someone you know has PTSD.
- Difficulty sleeping. People who have PTSD often experience insomnia. Prolonged sleeplessness means they might be groggy, irritable, have difficulty concentrating, or might fall asleep at a strange time.
- Memory Loss. If a person does not want to remember troubling things, there is a chance they'll lose touch with details of the event – and may seem forgetful or disengaged in general.
- Substance use. Many people who have PTSD will turn to drugs and alcohol to cope and dampen the harshness of their feelings. People who are diagnosed with both PTSD and a substance use disorder are referred to as "dual diagnosis" patients and face mounting obstacles in treatment and rehabilitation.



A PTSD diagnosis must be linked to a traumatic life event, such as war, rape, assault, a serious accident, injury, or natural disaster. In some cases, a person's experience of trauma is first-hand, and in others, it is indirect. For instance, witnessing a violent action or death can certainly cause PTSD, as can hearing an account of violent death, especially if a loved one is killed.

How To Help Someone with PTSD
Do you want to provide support to someone with PTSD? If you are aware of a traumatic event that is likely to cause psychological damage to a loved one, help them find a treatment path that makes sense. If a traumatic experience happened in secret, intervention starts by observing changes in a person's ability to make decisions and care for themselves. If you notice an abrupt shift in a loved one's energy, willingness to have fun, sense of accomplishment, or desire to be around other people, try talking to them. Help to re-integrate someone with PTSD into the life they know and love. Take them on walks, errands, and positive activities. Make time to talk, listen, and support their emotional journey – and show your optimism by inviting them on uplifting outings. As much as possible, stay positive – avoid complaining or showing annoyance. Be vocal about how much you love and support them. Sharing your time, enthusiasm, and outpourings of positivity can significantly affect a victim's

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BETTER FUTURE PLANET BUILDINGS

40TH ANNUAL AWARDS BANQUET

JULY 22ND FRIDAY

GENERAL RECEPTION 6-7 PM
BANQUET EVENT 7-9 PM

SHERATON SAN GABRIEL
303 E. Valley Boulevard, San Gabriel, Ca 91776

Member: \$150
Guest: \$180
At the door: \$200

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For information & tickets, please contact
Thomas Tsai
Office: 626-309-9333
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KEYNOTE SPEAKER
Andrew Himes
Director of Collective Impact at Carbon Leadership Forum, University of Washington

Featuring: *... Save Our Planet*



CHAMBER

Did you receive metallic balloons for Father's Day?

Be sure to puncture balloons before throwing them away, and never release them into the air.

METALLIC BALLOON OUTAGES BY THE NUMBERS

150 balloon outages in May 2021

181 balloon outages in June 2021

333% increase in balloon outages from January (218) to June (952) over the last five years

480.6 hours of power lost due to balloon outages in 2021

1.6 Million customers impacted by balloon outages in 2021

May & June Balloon Outages Compared to Lowest Month in the Last Five Years

Year	Month	Outages
2017	May	139
	June	191
2018	May	158
	June	206
2019	May	128
	June	152
2020	May	161
	June	222
2021	May	150
	June	181

SCE Balloon Outages in the Last Five Years

Year	Outages
2017	1,094
2018	1,128
2019	1,022
2020	1,005
2021	1,103

For more electrical safety tips, visit sce.com/staysafe

DOCTOR, cont. from page 1

Bang takes care of the aesthetic portion. And so really, it's trying to give a comprehensive care from outside to inside.

"iGlow offers local residents the ability to be seen by a board-certified USC-trained plastic surgeon who has extensive experience," said Dr explained. "The focus of iGlow is actually not plastic surgery. The focus is the aesthetics—people don't realize is that there are multiple ways to improve your complexion to improve your appearance."

Dr. Cao mentioned other options available such as non-surgical Botox injections, filler injections which are an attractive option to individuals who may need work that doesn't require actual surgery. iGlow also offers laser services which help with skin texture issues, acne scars, sun damage, or to gain a more youthful appearance.

iGlow also provides services using newer techniques including the use of ultrasound and laser for aesthetic improvements.

"Because of this, iGlow is a comprehensive service, meaning that when you go to iGlow, you are being evaluated by a plastic surgeon whose goal is to improve your aesthetics," Dr Cao said. "A majority of clients who come to iGlow Aesthetics do not get plastic surgery... The majority of clients come in and they get non surgical treatments. That's a wonderful thing for the city of Rosemead, as well as the San Gabriel Valley... There's very few centers that have this all-comprehensive aesthetics approach."

Dr. Cao continues to work passionately as a physician for his patients, including many who call Rosemead home, and all of his patients in surrounding communities. With his focus on cardiovascular health, internal medicine, and wellness and aesthetics at iGlow, Dr. Cao provides health services that are both appealing and important to patients from the inside out.

For more information about iGlow and the services provided, please visit iglowus.com

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WEDNESDAY JUNE 15, 2022 8:00AM - 9:30AM

COFFEE • CONTINENTAL BREAKFAST • NETWORKING

DOUBLETREE BY HILTON
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MEMBERS FREE **Non-Members \$25**

For **MORE INFORMATION** contact your local Chamber or Register Online!

ROSEMEAD
CHAMBER OF COMMERCE

**POWER HOUR
LEGISLATIVE UPDATE
LUNCHEON
ASSEMBLY MEMBER
MIKE FONG**

Mike Fong was elected in February 2022 to represent California's 49th Assembly District, which consists of Alhambra, Arcadia, El Monte, Monterey Park, Rosemead, Temple City, San Marino, San Gabriel and parts of Montebello and South El Monte.

STANDING COMMITTEES
 Appropriations
 Assembly Arts, Entertainment,
 Sports, Tourism, & Internet Media
 Banking and Finance
 Rules
 Privacy and Consumer Protection

PRESENTED BY

FRIDAY, JUNE 17, 2022 11AM - 1:00PM
DOUBLETREE ROSEMEAD HOTEL